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VolunteerJournal

March 2016



Volunteers from Jack & Jill of America, South Suburban Chicago Chapter, created 30 blankets for our patients.

Meet Our
Volunteer Team

Growing Together

Celebrating Our Volunteers

Save the Dates!



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[Learn more about Noel.](#)



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[Learn more about Carol.](#)



National Volunteer Week is **April 10-16**. This special week celebrates ordinary people doing extraordinary things to help improve their community. It shines a spotlight on the enormous contributions volunteers make every day and nowhere is that impact felt more deeply than here at JourneyCare. **We are a better place because of our volunteers!** In an effort to include as many volunteers as possible, we will be hosting a special celebration at Pinstripes - **on four different days at four different locations**. So mark your calendars now and join us for food, fun and friendship!

- **Tuesday, April 5 - 5-7 p.m.**
Chicago Pinstripes, 435 E. Illinois Street
- **Tuesday, April 12 - 9:30-11:30 a.m.**
Oak Brook Pinstripes, 7 Oakbrook Center Mall
- **Thursday, April 14 - 5-7 p.m.**
Northbrook Pinstripes, 1150 Willow Road
- **Tuesday, April 19 - 5-7 p.m.**
Barrington Pinstripes, 100 W. Higgins Road

Honoring Veterans at the End of

Meet more of the staff in our next issue.

Volunteer. Document. Your Chance to Win!



Volunteer. Document. Win!

Remember to document your service hours on the same day you volunteer at

www.myvolunteerpage.com and you will be entered for a chance to win a gift card!

New Volunteer Badges

Coming Soon!

Your new JourneyCare badges will be available to pick-up at the [mandatory in-service workshops in March](#).

If you are unable to attend the workshop, please contact one of your local volunteer coordinators.

Life

Volunteer Mandatory In-Service

Every year, volunteers who support patients in the home or in one of our five inpatient CareCenters, are required to attend at least (1) one mandatory training program. In March, the Volunteer Department will be hosting our first group of training workshops. The subject of the March workshop is **Honoring Veterans at the End of Life** and will be led by **Linda Rockwell, MPN, Manager of Veterans Programs**. *Each event will be hosted in a different location.* [Read more.](#)

- **Wednesday, March 2 - 1-2:30 p.m.** Barrington
- **Wednesday, March 2 - 1-2:30 p.m.** Remote
- **Thursday, March 10 - 12:30-2 p.m.** Woodstock
- **Wednesday, March 30 - 1-2:30 p.m** Glenview

CNA Assist Trainings in Glenview and Chicago

The CNA Assist Training is for volunteers who wish to provide hands-on patient care in one of our Hospice CareCenters (not in the home). The training will include two modules:

1. CNA Assist Techniques - A 2-hour class covering proper body mechanics and safe methods for moving patients
2. Feed Assist Techniques - A 1-hour class covering how to feed a patient

The locations and dates for these trainings are:

- **Saturday, March 12** Ada F. Addington Hospice CareCenter, Chicago
- **Sunday, April 3** Marshak Family Hospice CareCenter, Glenview
- **Saturday, April 23** Pepper Family Hospice CareCenter, Barrington

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[Write for Our Blog](#)



From Our Blog: Your Last Day

If you knew today would be the last day of your life, how would you live it?

JourneyCare **volunteer Linda Clark** asks this question on our blog.

"... I believe most of us actually would spend our final 24 hours with just a little bit more of what we already have. A little more love. A little more time spent with friends. A little

IPC Sitters

IPC Sitters are volunteers who are asked to sit bedside with a patient in one of our five inpatient CareCenters. Sitters may be called in to support agitated patients who may be at risk for falls or who need someone with them at all times. Sitters are also asked to sit with pediatric patients when their family can't be present. This role differs from that of a vigil volunteer, because the patient is not actively dying, but rather, just needs a presence for safety and compliance. [Read more.](#)

Did You Know?

- An Inpatient Unit (**IPU**) is now called the Inpatient Center (**IPC**)
- All patient care volunteers are now referred to as **Care Companions**
- All five of our Inpatient Centers will now be referred to as **Hospice CareCenters**: Marshak Family Hospice CareCenter; Pepper Family Hospice CareCenter; Ada F. Addington CareCenter at Rush; Hospice CareCenter in Woodstock; Hospice CareCenter at Northwest Community Hospital
- **EMR** stands for Electronic Medical Records
- **Legacy Agencies** refers to the three hospices that merged: JourneyCare, Horizon and Midwest CareCenter
- A **GoToMeeting** is a free, safe online service that allows you to attend a JourneyCare meeting or program from your computer or tablet at home. We will publish a GoToMeeting link when a meeting or program is announced.

more family. I don't think we
would change much."

Read more from Linda at
SharingOurJourney.org





**Reception Volunteers
Needed**

[Help out in Glenview.](#)



**How We Inform You About
Your Patient's Status**

[Learn about it here.](#)

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