

VolunteerJournal



A New Look and a New Name for Our Volunteer Newsletter

Welcome to the first issue of our new JourneyCare volunteer newsletter, **Volunteer Journal**. According to Miriam-Webster a "journal" is a periodical dealing with matters of special interest to a particular group or a record of experiences, ideas and reflections. We hope this newsletter will serve as both for you. The Volunteer Journal aims to bring you news about volunteer opportunities and events, educational resources, tips and information to help expand and improve your volunteer experience. It will also bring you human interest stories "from the field," so you can see how what you do as volunteers impacts the lives of our patients and their families. The newsletter will be e-mailed or mailed to you at the beginning of each month, so please watch for it, read it, and let us know what you think!

Meet Our Volunteer Team

A Note from the Director of Volunteers, Lisa Dye

First and foremost, I want to thank all 1400 JourneyCare volunteers for your continued support and dedication to the mission. This is truly an exciting time for JourneyCare and there is so much to look forward to in the coming months as we continue to



Lisa Dye

Director of Volunteer Services

ldye@carecenter.org

847-556-1613

[Learn more about Lisa.](#)



Amy O'Donnell

Lead Volunteer Coordinator

aodonnell@journeycare.org

224-770-2412

[Learn more about Amy.](#)

Meet more of the staff in our next issue.

Our Knit Wits are Sew Great!

Our Glenview-based sewing group created 894 comfort items in 2015. Fabulous!

Thank you. Knit Wits.

29 Chemo Caps

233 Hand Pillows

130 Millet Bags

108 Neck Pillows

333 Positioning Pillows

57 Lap Robes

1 Camp Care Banner

3 Hats and Mittens

strengthen our ability to work together to serve our patients and their families. [Read more.](#)

Portal Debuts to All JourneyCare Volunteers

The New Year brought the new volunteer portal, www.MyVolunteerPage.com, to all JourneyCare volunteers. Close to 600 volunteers have been added to the system and, thanks to the help and guidance of the volunteer staff in Barrington, the introduction has been a smooth one. Volunteers new to the system were asked to attend a mandatory workshop to learn how to log their service hours, document their patient visits, sign-up for volunteer activities and events, and send e-mails to their Volunteer Coordinators and fellow volunteers. If you have not yet been trained on the new system, please contact Debra Mell at dmell@carecenter.org or (847) 556-1568, so we can teach you what you need to know to take advantage of this wonderful new resource. Check out the Volunteer Portal Tip below for help Logging Volunteer Hours.

Program on Dementia Draws Large Audience

In early November, Rose Kasarda, a recently retired Resource Nurse, presented the in-service workshop, *When Communication Is Difficult: Reaching the Cognitively Impaired Patient*. Approximately 75 volunteers from across our service area attended the program either as part of a viewing group held in Barrington, Glenview or Woodstock, or they joined us remotely using their home computer. This outstanding presentation provided volunteers with more effective ways to communicate with patients who

Connect With JourneyCare



Forward To A Friend

Sharing Our Journey

Write for Our Blog

From Our Blog: Warming Hearts with Soup for the Soul

Through the third annual Soup & Stories program, grade school through high school volunteers brought warmth and comfort to the homes of JourneyCare patients and families. The student volunteers delivered care packages containing fleece blankets, playing cards, an instruction sheet to help families share stories, and a container of homemade soup.

Amv O'Donnell,
JourneyCare Lead
Volunteer Coordinator,
provides her [perspective on the Soup & Stories initiative.](#)

have been diagnosed with dementia or Alzheimer's Disease. [Learn tips shared during the program.](#)

What is Pet Peace of Mind?

In January 2015, the Barrington team launched the first Pet Peace of Mind (PPOM) program in Illinois. This ground-breaking national program makes it possible for hospice patients to keep their pets at home with them during their end of life journey.



Join us for a PPOM Training on **Friday, February 12**, at our **Pepper Family Hospice CareCenter** or **Thursday, February 25**, at our **Glenview Administrative Office.** [Read more.](#)

Exploring Our Day's Work Through Journal Writing

As hospice and palliative care volunteers, the work we do is rewarding, transformative and life-affirming, but it can also stir up unexpressed emotions and ideas that we may want to explore in greater depth. Journaling can provide you with that outlet. It allows you to look inward at how you are affected by your hospice experiences. Join us on **Wednesday, February 10**, for a **journal writing workshop in Glenview.**

[Read more.](#)

Lunch & Learn with Dr. Martha Twaddle

Join us for **Why You Should Care About Palliative Care** on **Tuesday, February 16**. This program will be presented by **Dr. Martha Twaddle MD, FACP, FAAHPM, CHMP, JourneyCare Senior**



Vice President of Medical Excellence & Innovation at The Merion in Evanston. \$15 a person-includes lunch and handouts. Pre-registration is required. [Learn more and sign up.](#)



Kids Who Care Play Cupid

[Read about it here.](#)



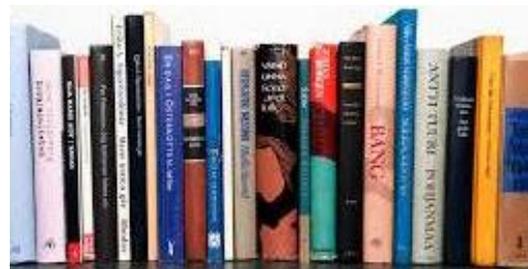
Looking for Energetic, Enthusiastic and Empathetic Volunteers

[We need more great volunteers like you!](#)



CareCenter Education Workshops

[Find out about upcoming workshops.](#)



Book Club Selections

[Join our book clubs.](#)



Logging Volunteer Hours

[Check out the Volunteer Portal Tip.](#)



Text Messaging with JourneyCare

[Sign up to receive periodic text messages.](#)



Painting a Picture

[Check out the documentation reminder.](#)



Referrals: 224-770-2489

Other inquiries: 847-467-7423

www.journeycare.org

[View our service area map.](#)