What is Palliative Care?

Palliative Care is specialized medical care for people with serious illnesses. It focuses on providing patients with relief from the symptoms, pain, and stress of a serious illness—whatever the diagnosis. The goal is to improve quality of life for both the patient and the family. Palliative care is provided by a team of doctors, nurses and other specialists who work together with a patient’s other doctors to provide an extra layer of support. It is appropriate at any age and at any stage in a serious illness and can be provided along with curative treatment.

What Palliative Care resources are available for Pediatric Patients at NLFH?

While most pediatric patients with serious illnesses at NLFH are transferred to a tertiary care center with specialized care for children, any pediatric patient in need of palliative care while at NLFH can access the NLFH Palliative Care consultation team, which provides expert services to both adult and pediatric patients.

The team provides coverage 24 hours a day, 7 days a week.

This team includes:

• Physician
• Advanced Practice Nurse
• Nurse
• Social Worker
• Chaplain

What expertise does the team bring to the care of pediatric palliative care patients?

Crisis Care is provided for a minimum of eight (8) hours during a 24-hour period, until the symptoms are managed. Crisis Care must be ordered by a physician and will be discontinued once pain and/or symptoms are under control, as determined by your JourneyCare team, along with your physician. It is not Custodial Care (i.e. long-term, non-medical care and services such as bathing, feeding, and other daily care needs).
How do I initiate a referral to Palliative Care?

A referral to the palliative care service can come from many sources: physicians, nurses, family members, patients, social workers and clergy. If the referral comes from anyone other than an attending physician, a member of the palliative care team notifies the attending physician of the referral and requests permission to provide a consultation.

A consult request is initiated by:

- An order is placed by the primary attending physician or a representative to “Consult Palliative Care Inpatient Service (NLFH)”

- A call is made by the primary attending physician or a representative to make the Palliative Care team aware of the consult and to describe the clinical scenario and reasons for consult. The Palliative Care team can be reached by dialing 847-535-8181. This number reaches the nurse practitioner or is forwarded during evening hours to the main office which can then page the person on call.

Key phone numbers

- **Nurse practitioner:** 847-535-8181
- **Physician:** 847-535-8182
- **Main JourneyCare Office:** 224-770-2489